

# Real-World Integrated Design Practice and Tools: *Effective Energy Performance Analysis Approaches*

2009-2010 BCBEC AGM  
& Conference

22 September 2009

**Curt Hepting, P.Eng., P.E.**  
**EnerSys Analytics Inc.**



# Introduction

---

- Cost-effective methods exist for integrating energy efficiency into designs
- Integrated design produces more efficient, marketable buildings
- Many new buildings barely comply with energy codes (e.g., ASHRAE 90.1)
- Lost opportunities from taking “standard approach” to new building design



# Why Don't We Design Energy Efficient/Sustainable Buildings?

- Focus on up-front costs
  - Life-cycle cost-effectiveness ignored
  - Design team squeezed on fees
- Owner does not pay the energy bills
- Scheduling constraints
- Fees tied to quantity instead of quality
- That's the way it's always been done
- Marketing – perception vs reality



# Approaches to Sustainable Design

- “Integrated Design” or “Environmentally Responsive Building Design”
- Traditional approaches:
  - Design facilitation
  - Iterative building energy modelling
- Energy Performance Workshop concept
  - Originally promoted under BC Hydro’s *Design Assistance Program*



# Energy Performance Workshop Concept

---

- Exploration of energy-efficiency strategies during any design stage
  - At a key point of the design process
  - Typically, a *single* intensive meeting
- Teams architects, engineers, cost consultant and sponsoring agency with energy analyst
- Allows for quick and educated decision-making



# Energy Performance Workshop Process

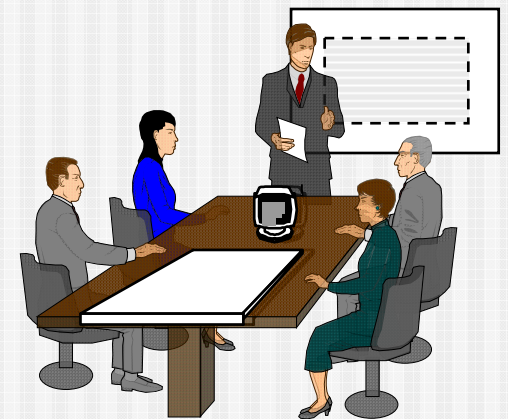
---

- Data gathering
  - Questionnaire
  - Building plans
  - Reference data
  - Weather
- Project setup and modelling
- Energy performance workshop (EPW)
- Follow-up and reporting



# What Happens During an EPW?

- Interactive working meeting
- Review design and pre-workshop model
- Sensitivity analysis of design options
- Energy efficiency analysis
- Cost-effectiveness screening
- Immediate feedback, including with compliance and program qualification indicators



# Developer/Owner Benefits of Integrated Design

---

- Optimized overall design
- Increased occupant comfort
- Potential to lower capital costs
- Reduced energy and operating costs
- Increased marketability of building
  - 3<sup>rd</sup> party verification (e.g., LEED)
- Possible incentives





# Consultant Benefits of Integrated Design

---

- Valuable information to assist with early decision-making process
- Forum for verifying savings from creative/atypical design solutions
- Opportunity to optimize systems
- Indicators as to impact on system capacities for possible downsizing
- Immediate feedback on most options (EPW approach)





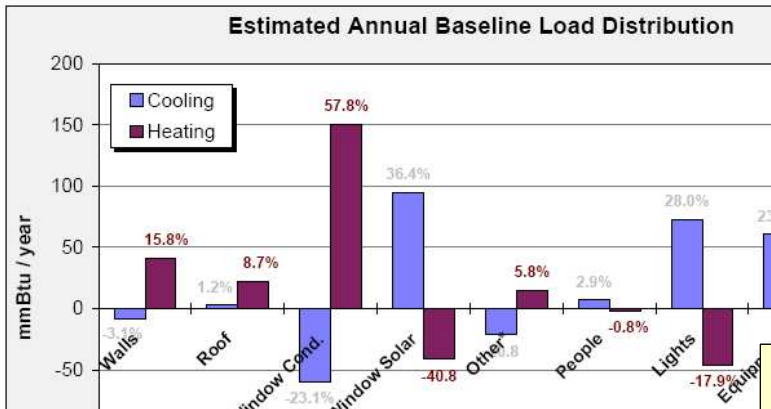
# Gulf Islands Operations Centre



# Gulf Islands Operations Centre

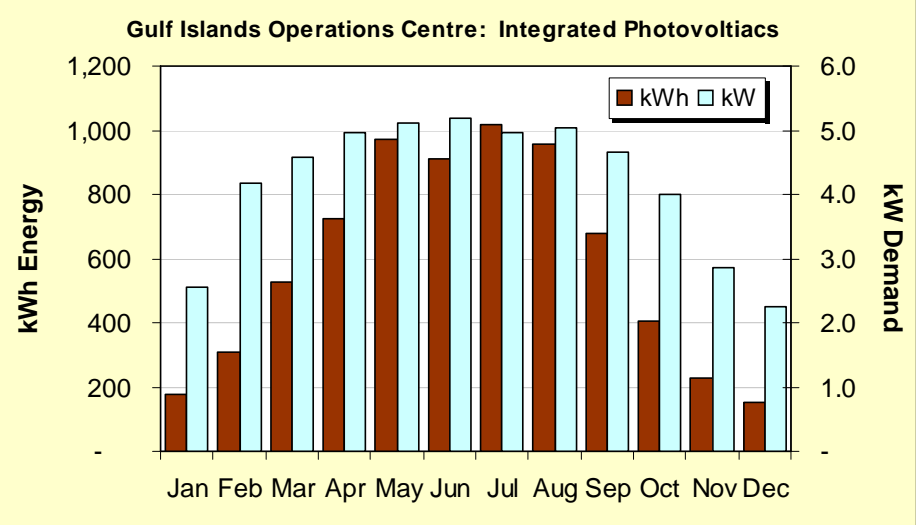
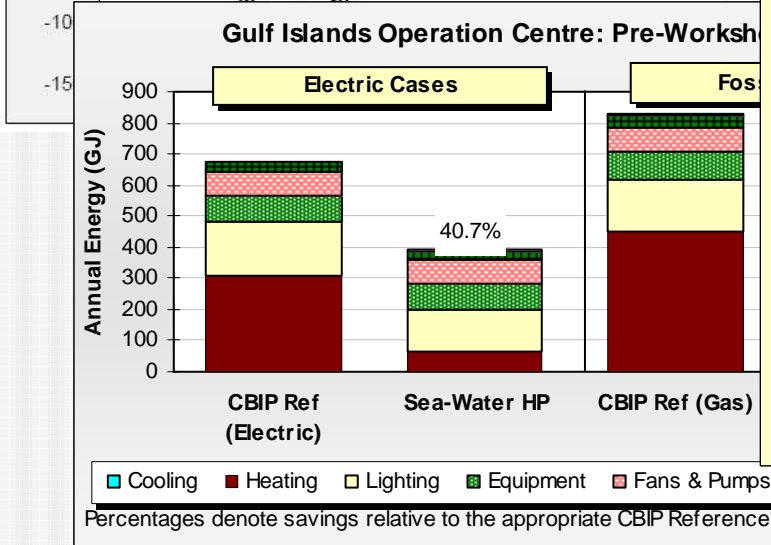
## Workshop Highlights

Legend	END-USE	Electricity		Natural Gas		Central Steam		TOTAL COSTS		ANNUAL ENERGY	
		\$	Svgs	\$	Svgs	\$	Svgs	\$	Svgs	GJ	Svgs
		Cooling	20	1.8%					20	1.8%	1
Heating	1,337	-3.1%	0	-1.7%			1,337	-3.1%	64	-3.1%	
Lights	2,825	0.0%					2,825	0.0%	136	0.0%	
Equip.	1,799	0.0%					1,799	0.0%	86	0.0%	
Fans	1,560	-0.1%					1,560	-0.1%	75	-0.1%	
Refrig							0		0		
Ext. Lts	104	0.0%					104	0.0%	5	0.0%	
Elev.	426	0.0%					426	0.0%	20	0.0%	
DHW	628	-0.1%					628	-0.1%	30	0.0%	
PV							0		0		
<b>TOTAL</b>		<b>8,699</b>	<b>-0.5%</b>	<b>0</b>	<b>-1.7%</b>			<b>8,699</b>	<b>-0.5%</b>	<b>415</b>	<b>-0.5%</b>
<b>Total \$ Savings</b>		<b>-\$44</b>		<b>\$0</b>				<b>(\$44)</b>		<b>(2.0)</b>	
Fuel Savings:				-0.6 MWh		0 GJ				0 Mibs	



Maximum HVAC Contribution During Peak*			
HVAC END-USE	Demand		Peak Load Reduction
	Base	ECM	
Fossil Heat (kBtuh out)	0	0	0.0 (-0.7%)
Steam Heat (kBtuh out)	0	0	0.0 (0.0%)
Electric Heat (kBtuh out)	168	172	-3.8 (-2.3%)

Economic Analysis	
Incremental Costs (\$)	
Equip. & Labor	\$3,000
Annual O&M	\$0 /year
Cooling System**	\$0 /ton
Heating System**	\$0 /kBtuh

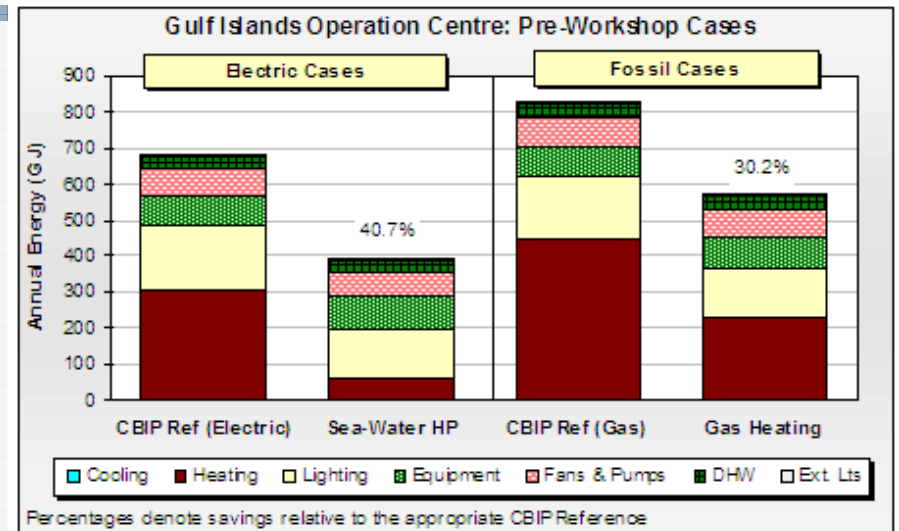


■ Cooling 
 ■ Heating 
 ■ Lighting 
 ■ Equipment 
 ■ Fans & Pumps 
 ■ DHW 
 ■ Ext. Lts

Percentages denote savings relative to the appropriate CBIP Reference

# Gulf Islands: Baseline HVAC System Selection

- Building loads typically investigated first
  - Influences on mechanical system configuration and sizing
- Primary heating source influences energy savings
  - Natural gas (typical)
    - Gas line already nearby
  - Sea water source heat pump (100% electric)
    - Ocean nearby



	Sea-Water HP	Gas Heating
<b>Life-Cycle Economic Cost Comparisons:</b>		
Net Capital Costs:	\$40,000	\$25,000
<b>Annual Costs</b>		
Energy Costs:	\$8,655	\$10,331
Maintenance Costs:	\$800 (2.0%)	\$500
Net Annual Costs:	\$9,455	\$10,831
NPV of Annual Costs:	\$133,260	\$152,653
<b>LCC</b>	<b>\$173,260</b>	<b>\$177,653</b>
Cost Increase vs. Minimum:	\$0	\$4,393
	0.0%	2.5%
	<b>LOWEST</b>	

# Gulf Islands: Evaluation of Individual Measures

## Building Loads

- Shell measures: walls, roof, windows
- Lighting: Installed power and controls
- Interior plug/process loads

## Heating, Ventilation and Air Conditioning

- Heating and cooling systems and configurations
- Auxiliary components: fans, pumps
- Control strategies

## Domestic Hot Water

- Low flow fixtures
- Preheat and water heating approaches

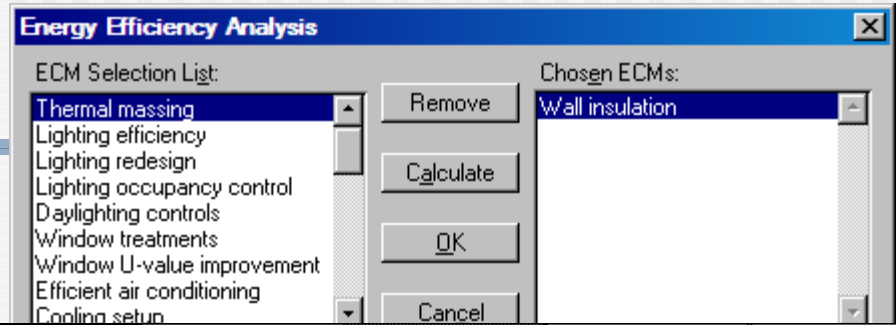
Other (exterior lighting, elevators, etc.)

## Renewable Energy

- Photovoltaics



# Gulf Islands: Sample Wall Optimization



## Design Baseline Construction (R-16.3)

- 4" rigid polystyrene
- Metal Z-girts

## Alternative Construction (R-17.8)

- 2" rigid polystyrene with metal clips
- 2" batts between steel studs

## Final Construction (R-17.6)

- 3" rigid polystyrene with metal clips
- Reduction of materials & embodied energy

Legend	END-USE	Electricity		Natural Gas		Central Steam		TOTAL COSTS		ANNUAL ENERGY	
		\$	Savings	\$	Savings	\$	Savings	\$	Svgs	GJ	Svgs
	Cooling	20	-1.0%					20	-1.0%	1	-1.6%
	Heating	1,274	1.8%	0	0.9%			1,274	1.8%	61	1.8%
	Lights	2,825	0.0%					2,825	0.0%	136	0.0%
	Equip.	1,798	0.0%					1,798	0.0%	86	0.0%
	Fans	1,557	0.1%					1,557	0.1%	75	0.1%
	Refrig							0		0	
	Ext. Lts	104	0.0%					104	0.0%	5	0.0%
	Elev.	426	0.0%					426	0.0%	20	0.0%
	DHW	627	0.0%					627	0.0%	30	0.0%
	PV							0		0	
	<b>TOTAL</b>	<b>8,630</b>	<b>0.3%</b>	<b>0</b>	<b>0.9%</b>			<b>8,630</b>	<b>0.3%</b>	<b>412</b>	<b>0.3%</b>
	<b>Total \$ Savings</b>	<b>\$25</b>		<b>\$0</b>				<b>\$25</b>		<b>1.1</b>	
	Fuel Savings:	0.3 MWh		0 GJ		0 Mlbs					

### Maximum HVAC Contribution During Peak\*

HVAC END-USE	Demand		Peak Load Reduction
	Base	ECM	
Fossil Heat (kBtuh out)	0	0	0.0 (0.4%)
Steam Heat (kBtuh out)	0	0	0.0 (0.0%)
Electric Heat (kBtuh out)	168	166	2.1 (1.3%)
Cooling (tons output)	0.0	0.0	0.0 (-1.1%)
Fans & Pumps (hp)	9	9	0.0 (0.0%)

\*Coincident with building; thus, values do not necessarily reflect absolute maximums.

Ref. CBIP Savings - GJ:	285 (42.4%)	Incent: \$11,363
LEED Credit 1 Points -	Canada: 6	BC: 6
CO2 Savings (tonnes)* -	Base: 0.2	CBIP: 41.6

### Economic Analysis

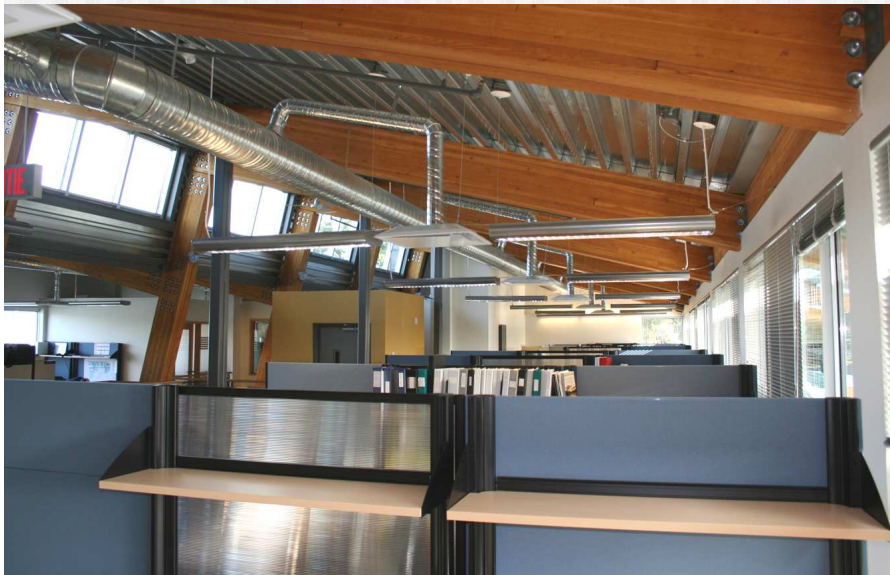
Incremental Costs (\$)	
Equip. & Labor	-\$310
Annual O&M	\$0 /year
Cooling System**	\$500 /ton
Heating System**	\$80 /kBtuh
Fans & Pumps**	\$0 /hp
<b>Net Savings/Year</b>	<b>\$25</b>
<b>Net Capital Cost</b>	<b>-\$481</b>
<b>Payback @ 5.0%</b>	<b>instantaneous</b>

\*\*Source:

# Gulf Islands: Efficiency Measures

## Building Shell

- Minimize thermal bridging
- Insulation materials and R-value optimization
  - Roof insulation *reduced* from 4" to 3"



- Glazing amounts and characteristics
  - Only 22% window area but plenty of daylight



# Gulf Islands: Final Proposed Design

- Annual Savings vs. Baseline Heat Pump Design
  - 112 MJ/m<sup>2</sup> (9850 Btu/ft<sup>2</sup>) → 25.3%
  - \$2.33/m<sup>2</sup> (22¢ per ft<sup>2</sup>) → 25.1%
  - 15.8 year LCC payback (4.9 years without photovoltaics)
- Annual Savings vs. Baseline Natural Gas Heated Design
  - 304 MJ/m<sup>2</sup> (26800 Btu/ft<sup>2</sup>) → 47.9%
  - \$3.85/m<sup>2</sup> (36¢ per ft<sup>2</sup>) → 37.3%
- Annual Savings vs. LEED Reference
  - 415 MJ/m<sup>2</sup> (36500 Btu/ft<sup>2</sup>) → 57.7%\*
  - \$8.72/m<sup>2</sup> (81¢ per ft<sup>2</sup>) → 67% in regulated end-use savings (75% for final application)
  - 10 LEED Canada EAc1 points (+1 ID point for final application)



# Whitehorse Office & Firehall

- Potential Heating: Electric, Oil and GSHP
  - Proceeded with GSHP for evaluation
  - Reran all measures with HPs fed by Oil boiler
- Envelop Measures (22 options)
  - R-60 roof insulation: poor payback
  - R-100 roof insulation: 10 – 16 year payback with sprinkler elimination
  - R-20 bay roof batts – 18-yr payback with GSHP, 7.3-yr with distributed HP case
  - Triple pane windows – 2.6 yr payback (GSHP)

# Whitehorse Office & Firehall

## ■ Heating Systems

- Optimized GSHP and distributed HP cases
- GSHP: -3% – -6% IRR

## ■ Final Workshop Results

- 14 measures identified for adoption, including changing GSHP system to distributed HP
- Over \$920,000 in capital cost *reductions*
- Over \$40,000/year in annual utility bill savings
- LEED EAp2 qualification & improvement from zero to 5 EAc1 points



# Victoria Extended Care

- Flushing over-ride controls to reduce outside air level
  - Still meets provincial standards
  - Reduces heating annual costs by \$26,000
- Savings:
  - Worst case: \$4,300/year with capital cost increase of \$23,000 (4.8 yr payback)
  - Best case: \$3,100/year with capital cost *reduction* of \$22,000
  - 27-28% CBIP savings with \$80,000 incentive

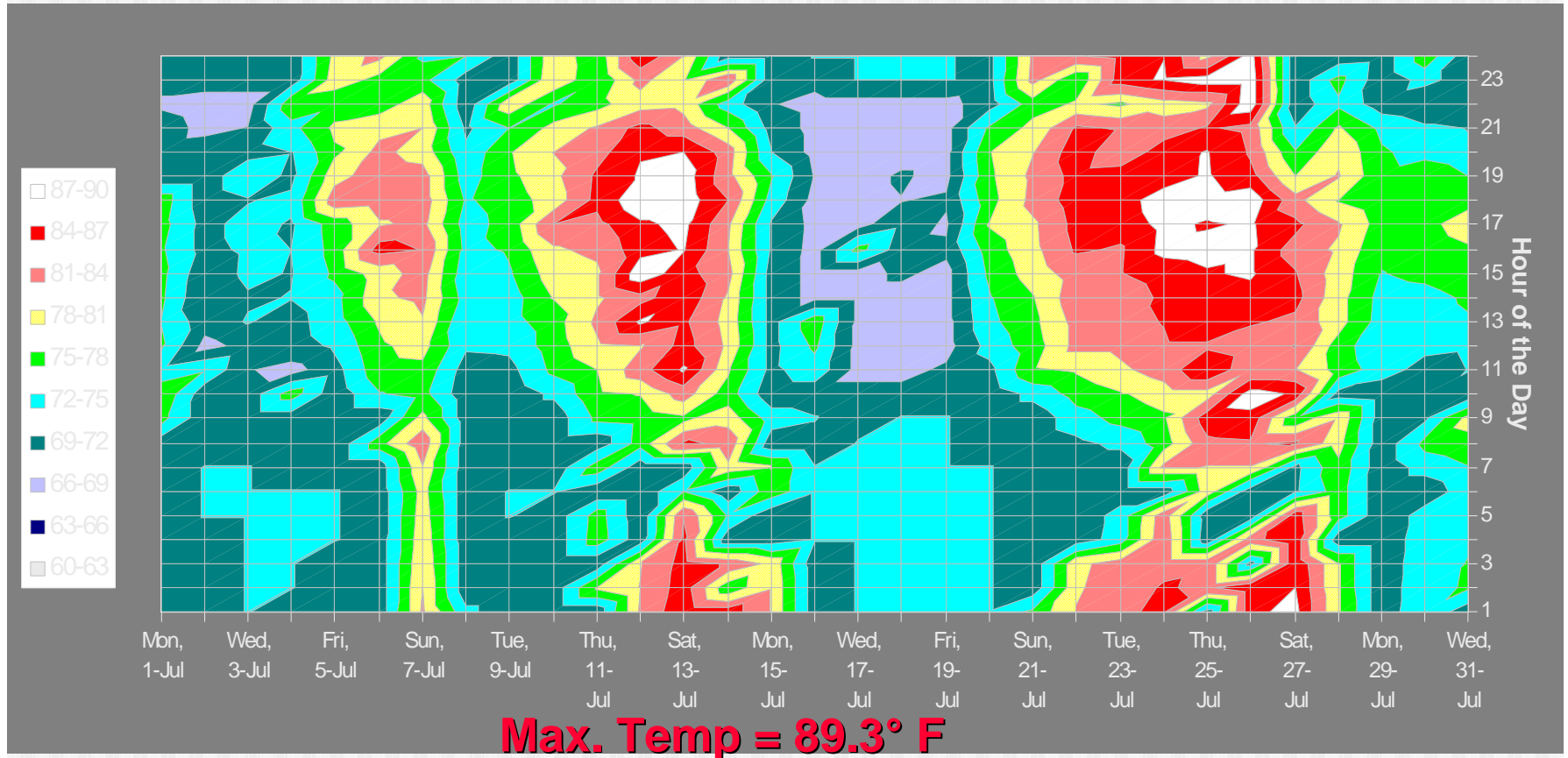
# Victoria Apartment Complex

- Residential and commercial building
- Energy savings originally projected at roughly 40-50% over code-compliant case
  - Ground-source heat pump system
  - Heat pump DHW
  - Low-e windows
- Over 18% savings in energy costs from single metering



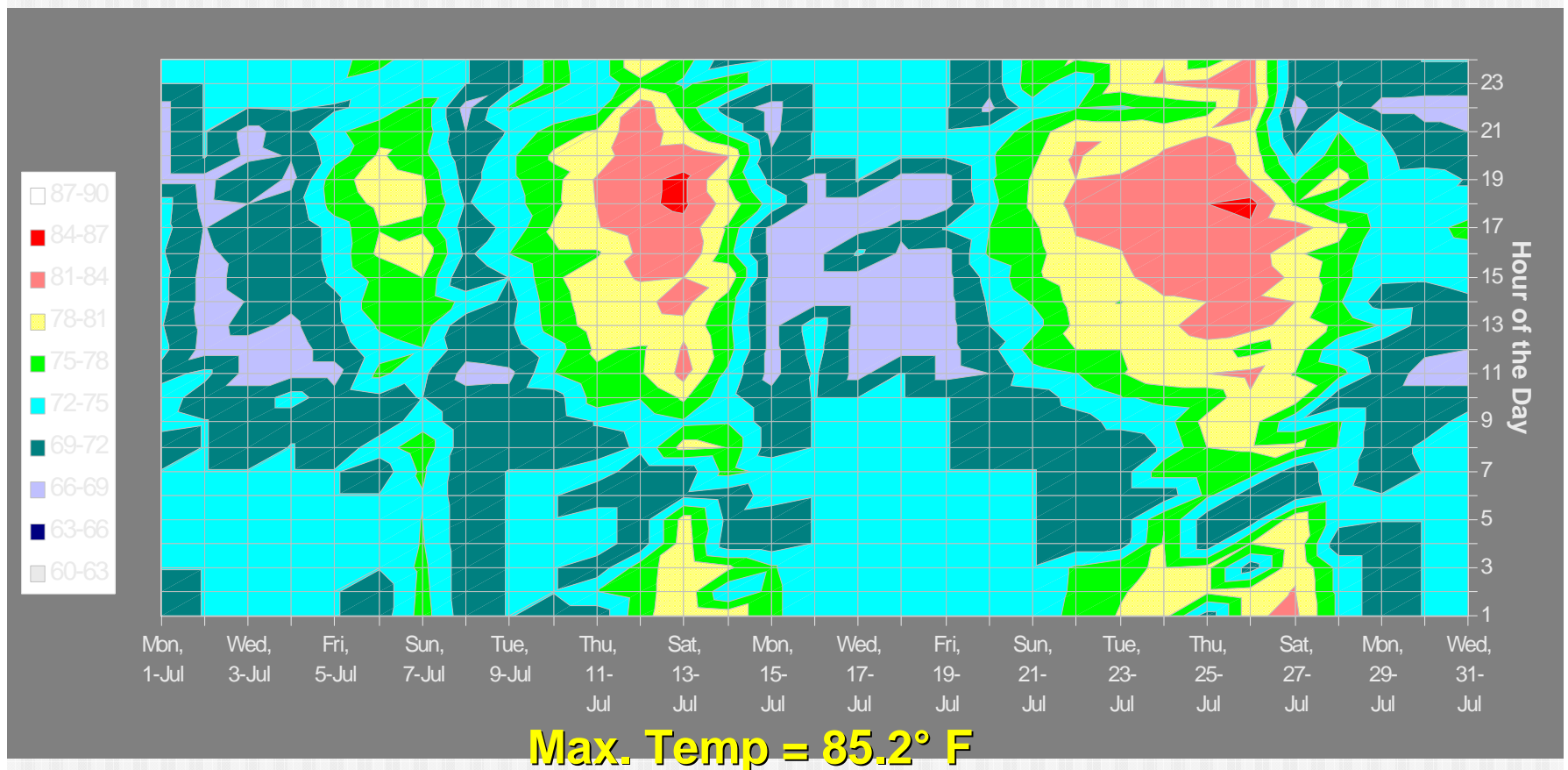
# Victoria Apt. Project: Sample Integrated Design Feedback

## Temperature Profile with Standard Windows



# Victoria Apt. Project: Sample Integrated Design Feedback

## Temperature Profile with High Perf. Windows



# Keys to Success

- Receptive and flexible design team, including owner
- Communication!
- Quick and timely feedback
- Appropriate level of detail
- Recognizing value of process
  - Possible marketing edge
  - Design incentive/penalty structure





# Conclusion

---

- Energy performance workshop as a key component of integrated design
- Enhanced speculation on energy issues
- Provides valuable and timely feedback during *entire* design process
- Substantiation of efficiency strategies
- Secondary benefits (marketability, code compliance, emissions reduction, etc.)



