



## Energy Efficiency and the Future of Building Science

Dr John Straube, P.Eng.  
Associate Professor  
Building Engineering Group  
University of Waterloo  
Principal, Building Science Corporation  
[www.BuildingScience.com](http://www.BuildingScience.com)

### Global MegaTrends

- Global population is growing
- Global affluence is growing
- Demand for all resources growing as  
**Population × Resources**
- This drives up prices
- *Buildings consume more energy and resources than any other single human activity*
- **Hence, Sustainability and Energy**

## Changes are coming

- Canadians are demanding cleaner use of energy
- Energy costs are rising
  - Brazil, Russia, India, China will make sure of that
- California will pay 3 times as much for BC electricity as BC Hydro charges consumes
  - Why waste it here?
- Regulation is responding

## Role of Building Science

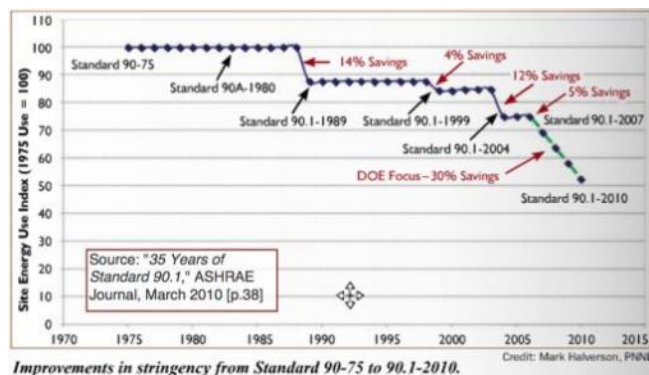
- Change in building enclosure design, material, or construction *involves risk*
- We do not have the ability to reliably predict performance “near the edge”
- Field performance still the ultimate test
- Need to apply science (e.g. physics) with field experience to generate low risk solutions

## The Last Time....

- The last time small changes were adopted across the industry ...
  - outcomes were “unexpected”
- Still don't fully understand the condo disaster
  - What factors played what role?
- BC Industry is now very good at dealing with water

## Change is coming again to BC

- Stricter codes for commercial
  - E.g., ASHRAE 90.1- 2010
- Net Zero “Ready” for housing by 2020

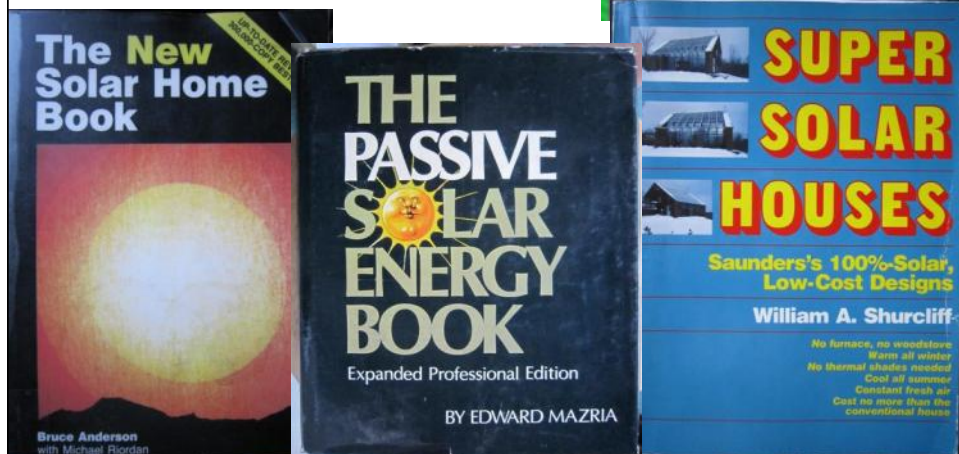


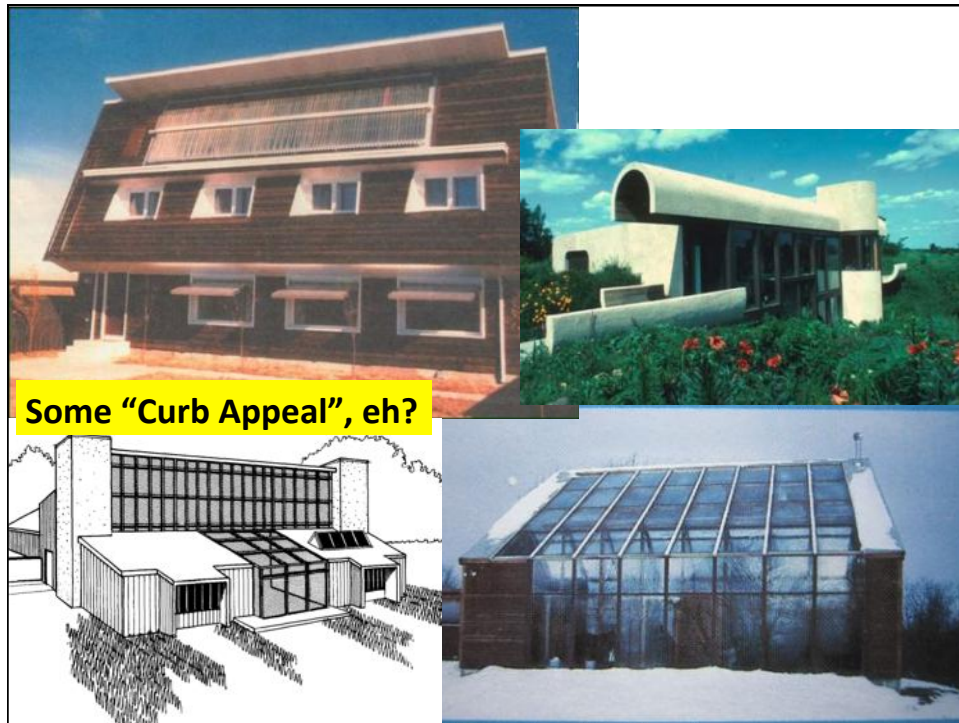
## The Past Cycle (1973)

- Energy prices spiked, people worried about supply
- Environmentalists raised alarms about pollution and habitat destruction
- Society responded with research, incentive programs, new products, new codes

## That 70's show

- We have been here before





## What we (should have) learned

- Most people don't like weird stuff
- Most people don't like discomfort
- Complex and mechanical things break
- Insulation does not wear out or break
- Airtightness is critical (and rarely breaks)
- Airtight / highly-insulated assemblies often more susceptible to moisture flaws

## The Prime Directives

- House is a system: durability, IAQ, safety must not be compromised by a focus on energy
- Balance energy savings with comfort, aesthetics to gain widespread acceptance

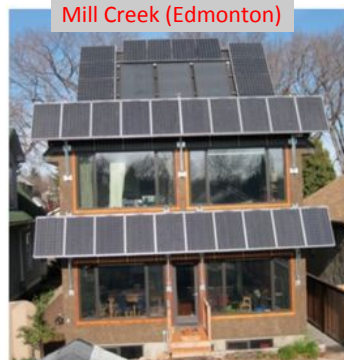
## Past lessons applied today

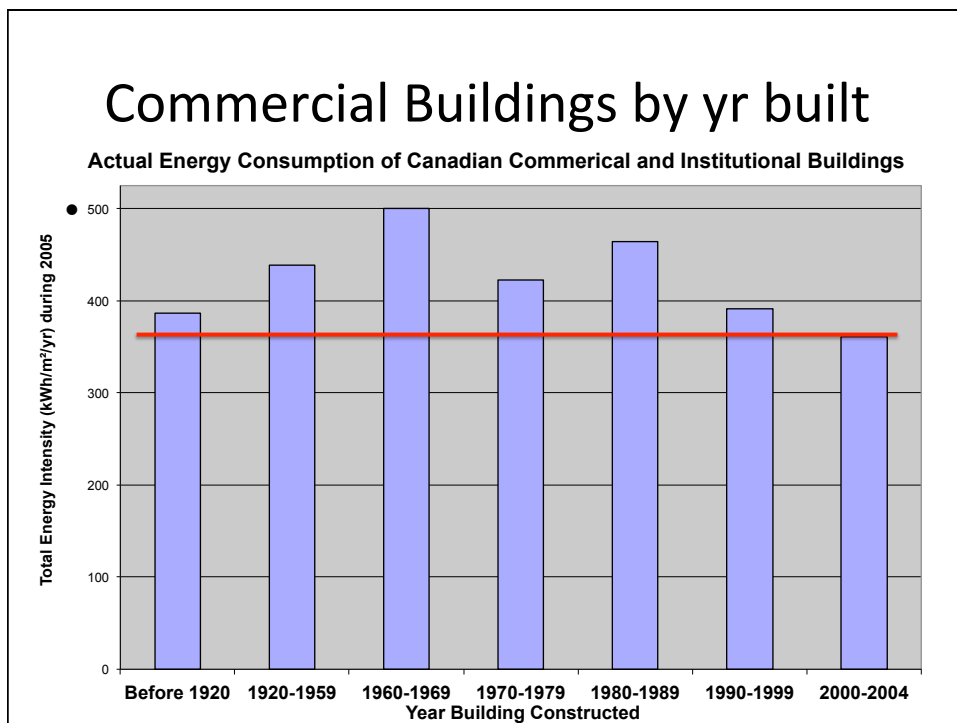
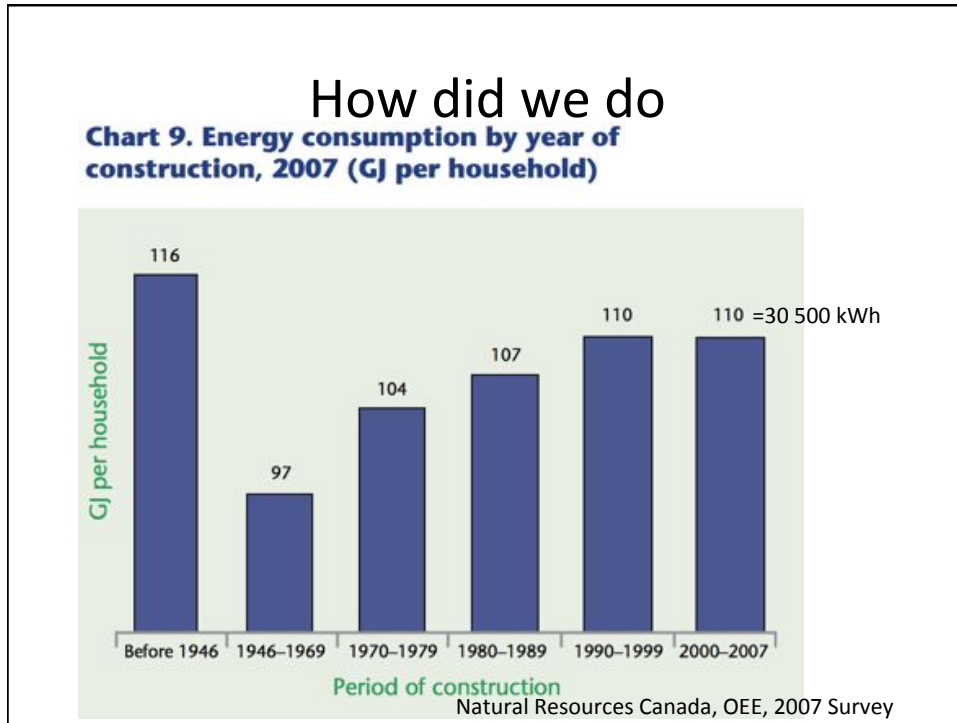
- Lots of airtightness and insulation
- Exceptional rain control, more drying capacity
- Windows are critical, beware over-glazing
- Make it look mostly normal

Hanover House, VT (Rosenbaum)



Mill Creek (Edmonton)

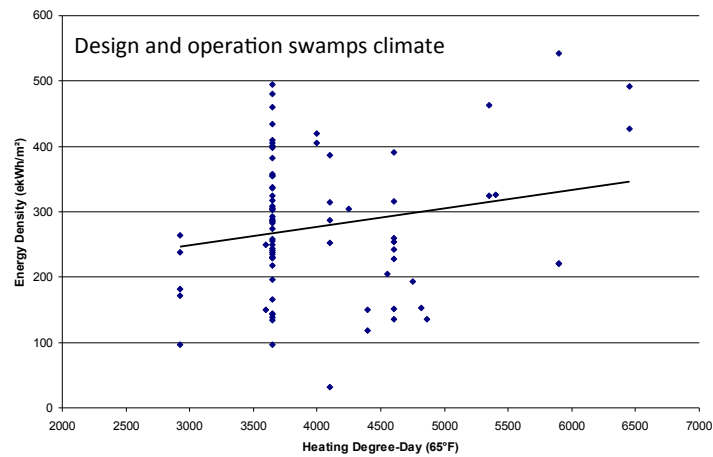






## MURBS:Vancouver vs Edmonton

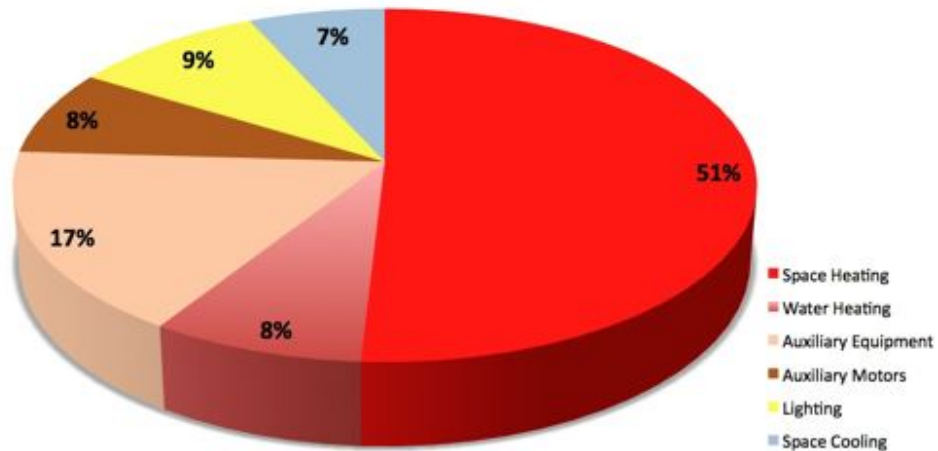
- How much does climate really matter?



John Stra



## Canadian Office Buildings 2007



## Actual Energy use

Good estimates for lower Mainland:

- Single Family housing lower mainland
  - 130 kWh /m<sup>2</sup> / yr      or 22 000 kWh/household
- Condominium High-rise
  - 215 kWh/m<sup>2</sup>/yr      or 22 000 kWh/unit

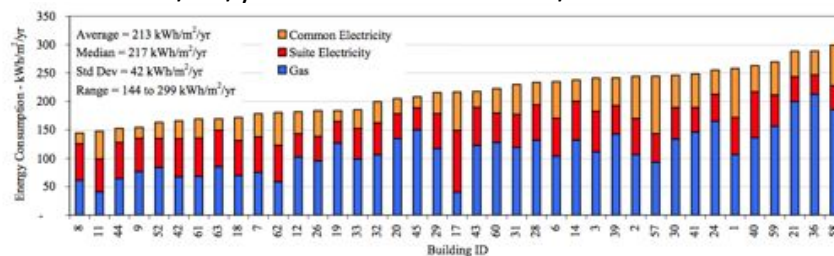


Fig. 3.1.1 Total Energy Usage per Gross Floor Area – Sorted Low to High, Split by Electricity (Common & Suite) and Gas.

## The Goal? Net Zero

- Should it be?
- Who will pay for the grid?
- Who will pay for the peak power plants?

## Photovoltaics

- Ideally oriented, 1 kW rated PV in Vancouver generates about 1100 kWh/year (750 on wall)
- Current PV has about  $7.75 \text{ m}^2/\text{kW}_p$  ( $12 \text{ W}_p/\text{ft}^2$ )
- Typical household uses 22 000 kWh energy  
–  $22\,000 / 1100 * 7.75 = 155 \text{ m}^2$
- Forget economics ...  
Where do I get  $155 \text{ m}^2$  of  $45^\circ$  sloped surface per  $110 \text{ m}^2$  unit?

## This or That?

- Which looks better?



Integration on single family homes probably be solved



**Moderate density Net Zero  
development may be possible**



Rolf Disch, Freiburg Germany (wikipedia)



Rolf Disch, Freiburg Germany (wikipedia)

## How to get to low-energy Buildings

- The new focus for Building Science
  - Durability, comfort, AND energy efficiency
- Less prescriptive buildings, more “designed”
- Will require trade-off analysis
- Choices between different Mechanical and Electrical choices need to be made
- Many M&E know even less about BS than BS know about M&E

## We must reduce!

- Efficiency is critical
  - Perhaps conservation will be fashionable?
- Building Enclosure
  - Part of the equation, but actually “solved”
- Appliances
  - Important unsolved piece of puzzle
- Domestic Hotwater
  - Needs to be improved

## Zone 4 ASHRAE 90.1-2010 Prescriptive Enclosure Tables

Opaque Elements	Nonresidential		Residential	
	Assembly Maximum	Insulation Min. R-Value	Assembly Maximum	Insulation Min. R-Value
<i>Roofs</i>				
Insulation Entirely above Deck	U-0.048	R-20.0 c.i.	U-0.048	R-20.0 c.i.
Metal Building*	U-0.055	R-13.0 + R-13.0	U-0.055	R-13.0 + R-13.0
Attic and Other	U-0.027	R-38.0	U-0.027	R-38.0
<i>Walls, Above-Grade</i>				
Mass	U-0.104	R-9.5 c.i.	U-0.090	R-11.4 c.i.
Metal Building	U-0.084	R-19.0	U-0.084	R-19.0
Steel-Framed	U-0.064	R-13.0 + R-7.5 c.i.	U-0.064	R-13.0 + R-7.5 c.i.
Wood-Framed and Other	U-0.089	R-13.0	U-0.064	R-13.0 + R-3.8 c.i.
<i>Walls, Below-Grade</i>				
Below-Grade Wall	C-1.140	NR	C-0.119	R-7.5 c.i.

R-11.2 to  
R-15.6

## Zone 5 ASHRAE 90.1 -2010

Opaque Elements	Nonresidential		Residential	
	Assembly Maximum	Insulation Min. R-Value	Assembly Maximum	Insulation Min. R-Value
<i>Roofs</i>				
Insulation Entirely above Deck	U-0.048	R-20.0 c.i.	U-0.048	R-20.0 c.i.
Metal Building*	U-0.055	R-13.0 + R-13.0	U-0.055	R-13.0 + R-13.0
Attic and Other	U-0.027	R-38.0	U-0.027	R-38.0
<i>Walls, Above-Grade</i>				
Mass	U-0.090	R-11.4 c.i.	U-0.080	R-13.3 c.i.
Metal Building	U-0.069	R-13.0 + R-5.6 c.i.	U-0.069	R-13.0 + R-5.6 c.i.
Steel-Framed	U-0.064	R-13.0 + R-7.5 c.i.	U-0.064	R-13.0 + R-7.5 c.i.
Wood-Framed and Other	U-0.064	R-13.0 + R-3.8 c.i.	U-0.051	R-13.0 + R-7.5 c.i.
<i>Walls, Below-Grade</i>				
Below-Grade Wall	C-0.119	R-7.5 c.i.	C-0.119	R-7.5 c.i.

R-15.6 to  
R-19.6

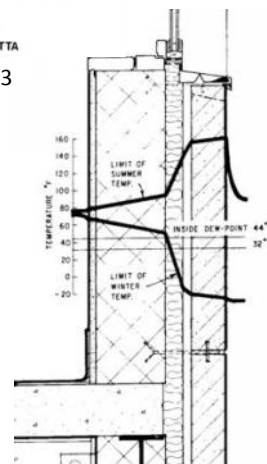
## 90.1-2010 is not that demanding

- Continuous insulation of R7.5 is pretty easy
- Will require changing techniques of cladding installation
- Lots of options available but few commonly used

## DBR Research in 60's and 70's

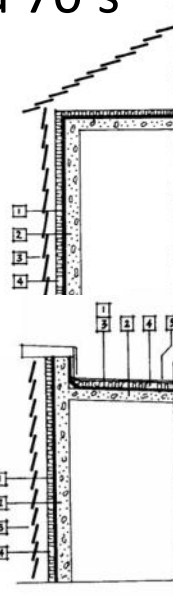
WALLS, WINDOWS AND ROOFS  
FOR THE  
CANADIAN CLIMATE

BY  
J.K.LATTA  
1973



The Perfect Wall Concept

1. Air barrier
2. Structural support
3. Rain barrier
4. Insulation

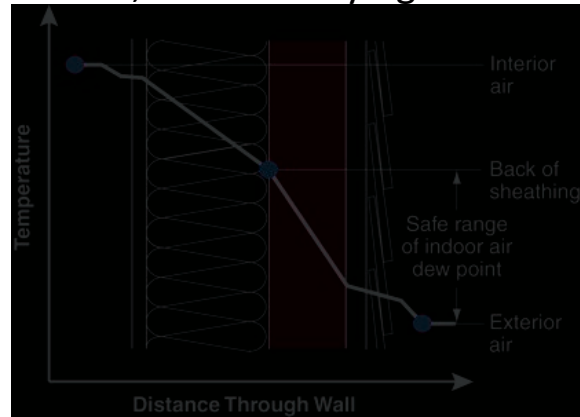


1. Air barrier
2. Structural support
3. Rain barrier
4. Insulation
5. Protection for insulation

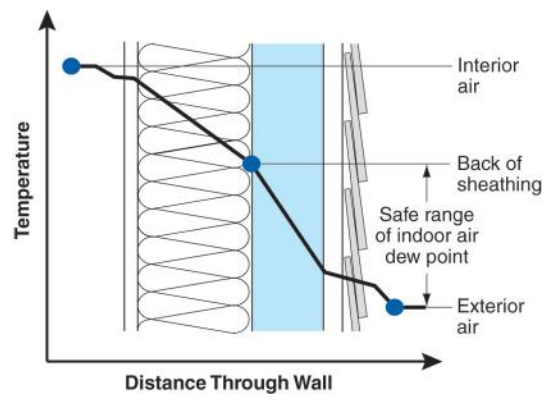
## Exterior Insulation: More than energy

- Reduces moisture risks if done right
- Reduce condensation, increase drying

- Back of Sheathing defined by R-value ratio
- Indoor dewpoint defined by ventilation rate

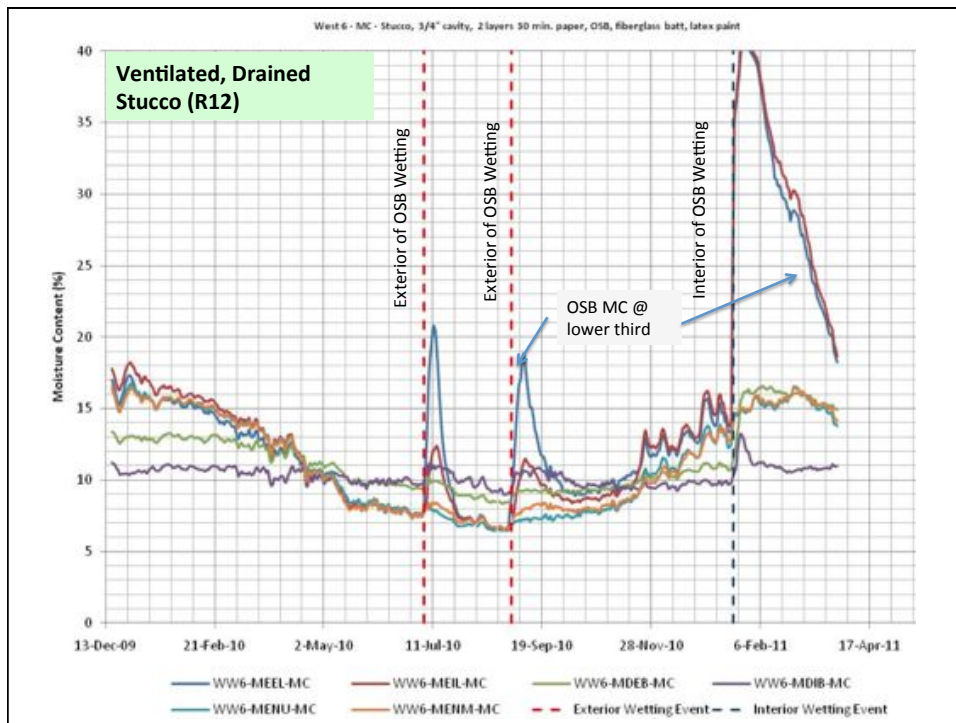


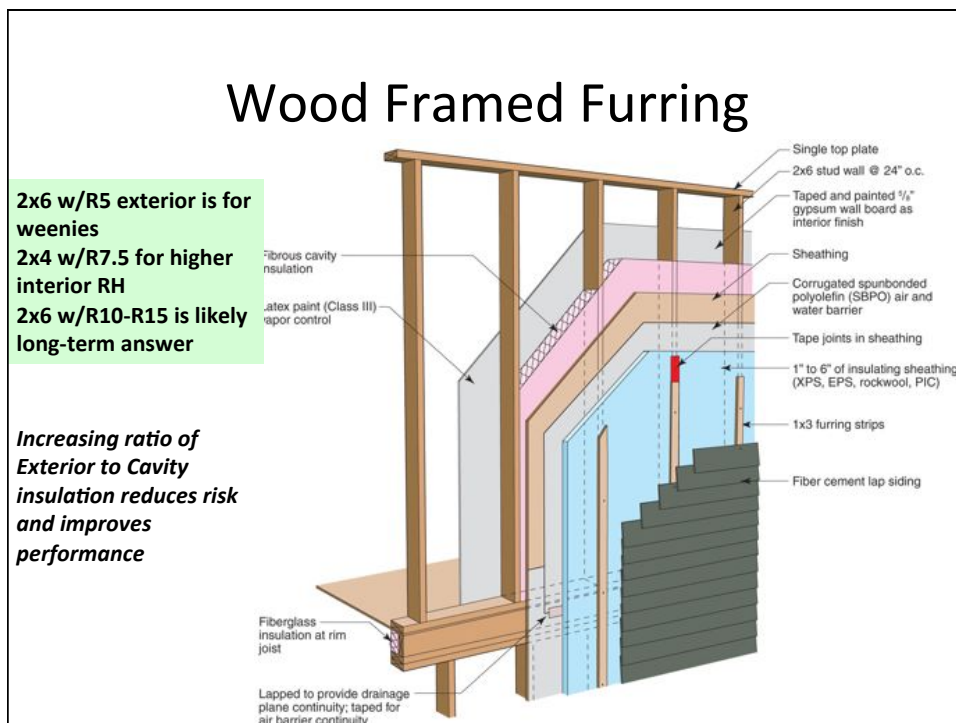
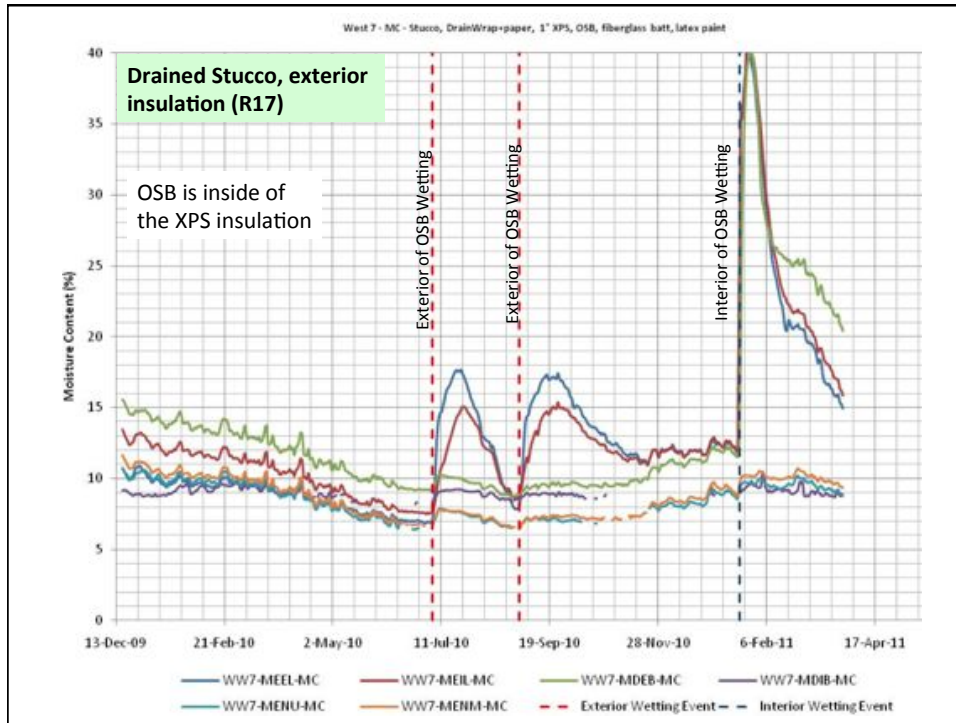




## Wet Spots

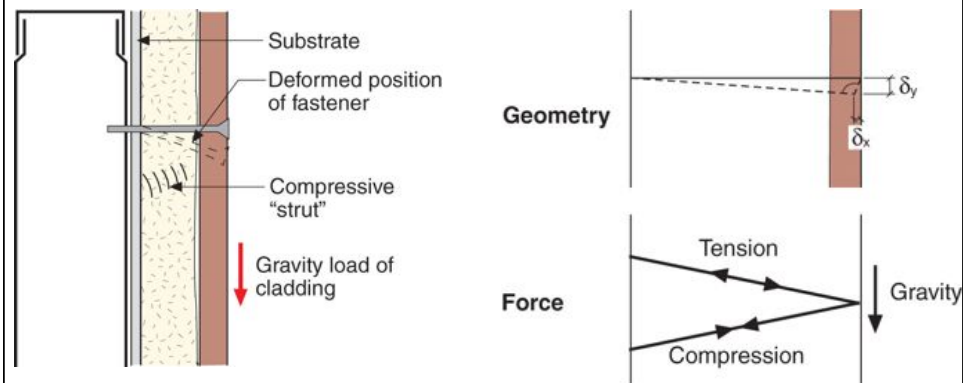
- Add a calibrated Leak
- Lower third of wall
- Add 1.5 ounces,  
2 times / day  
5 days  
= 15 ounces  
= 425 ml





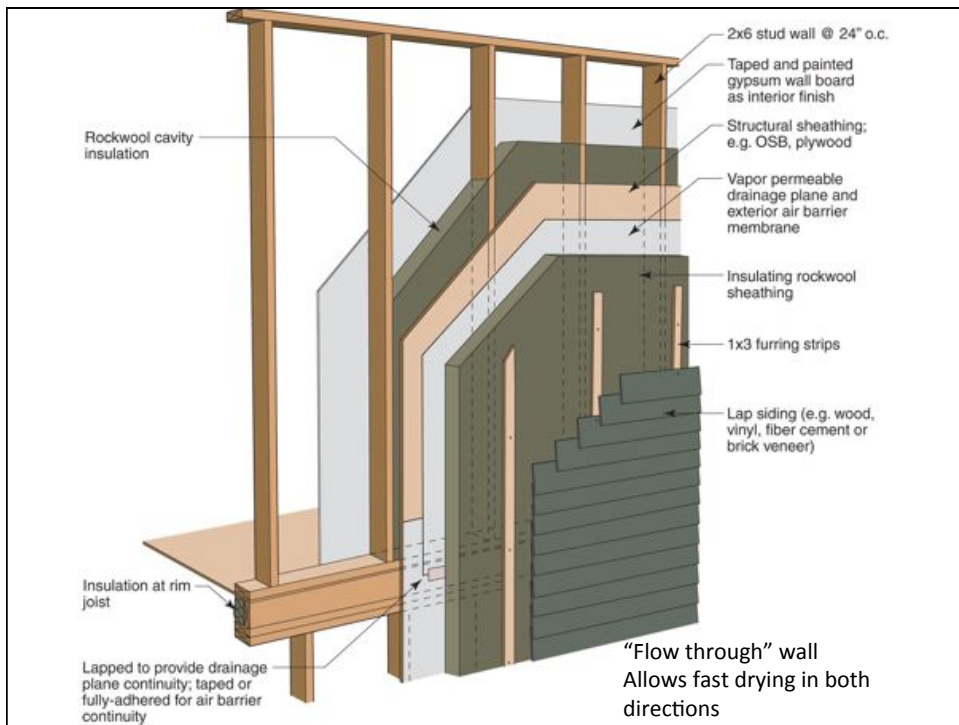
## Exterior insulation

- Insulating on exterior is not a structural challenge ... unless you use the wrong model
- Bending does matter, but only at high deflections



## Foam sheathing field testing

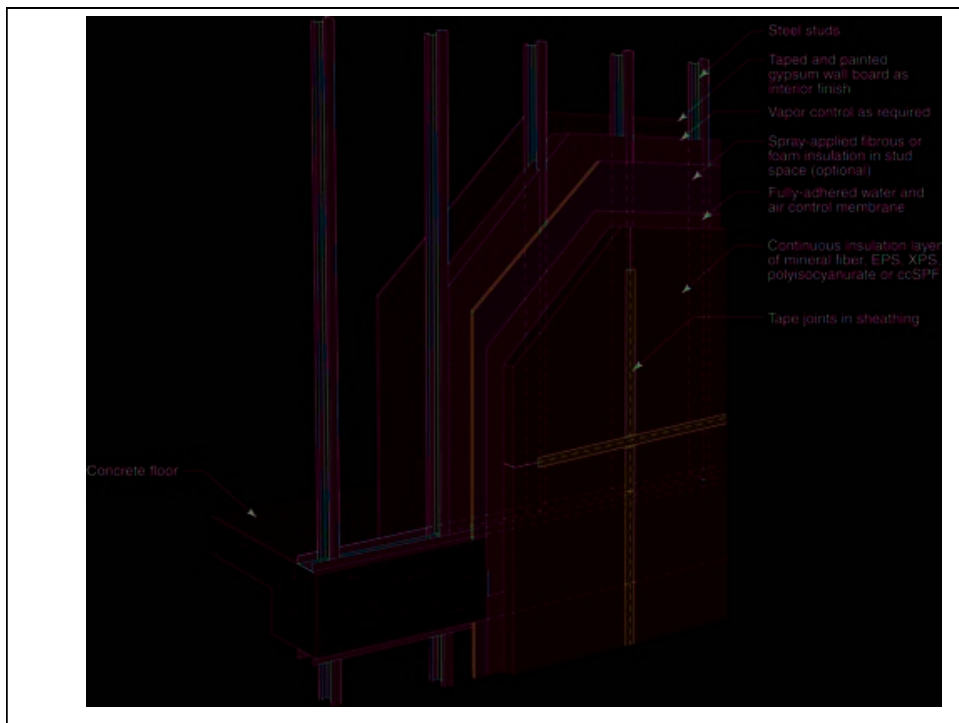
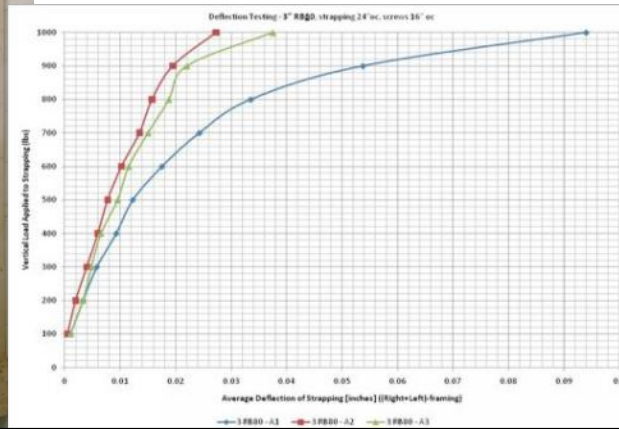


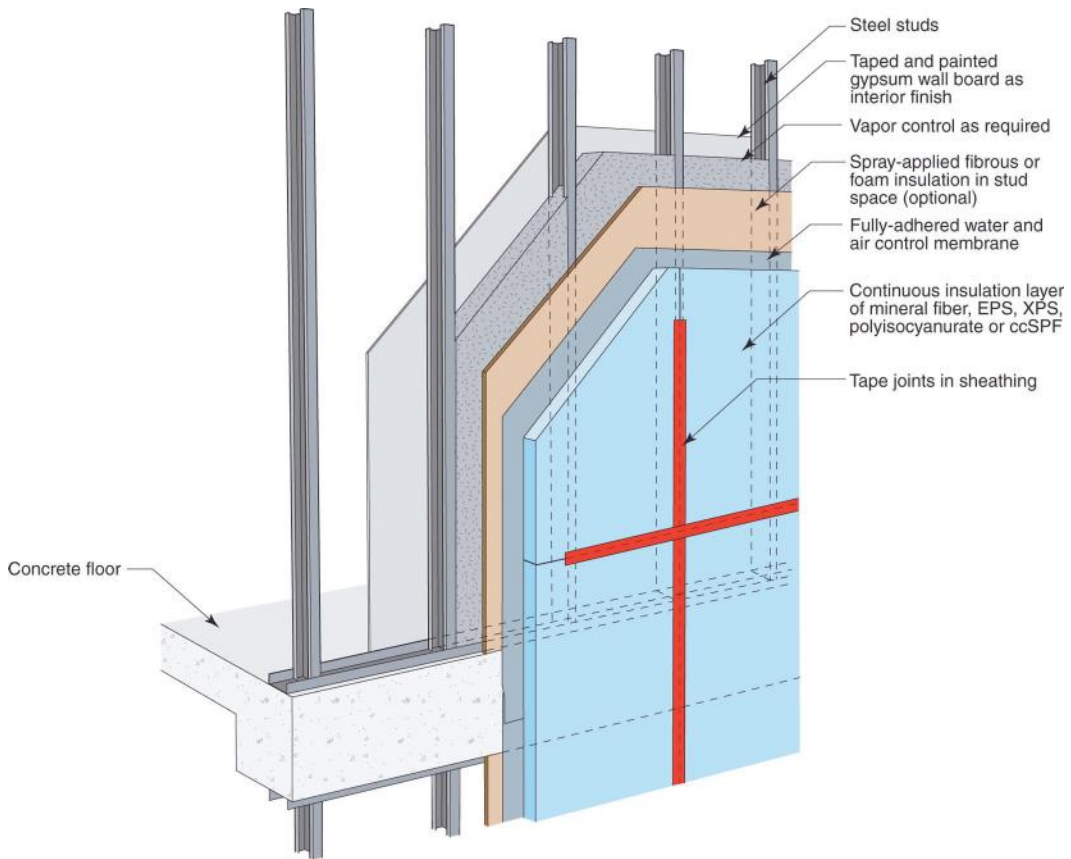




# Rockwool

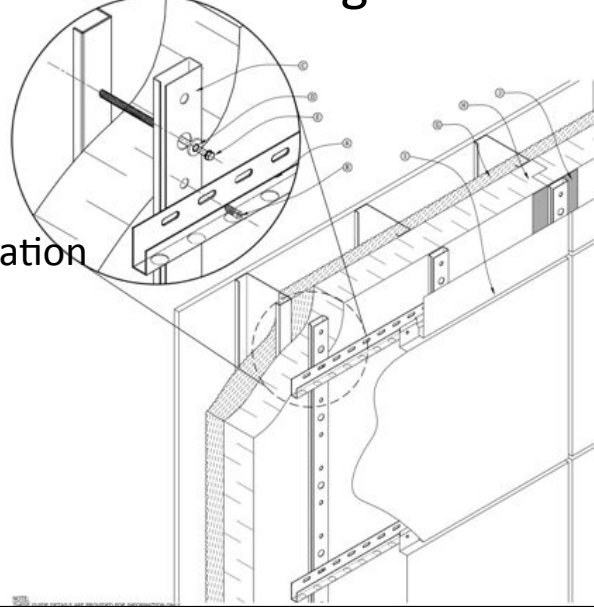
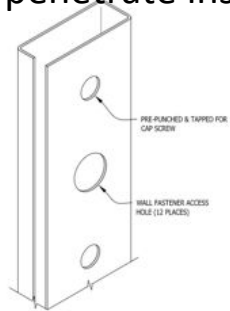
1x3 furring @ 24" o.c.  
 #10 screws @ 16" o.c. vertically  
 Result: 20 psf cladding weight with < 2/100" deflection



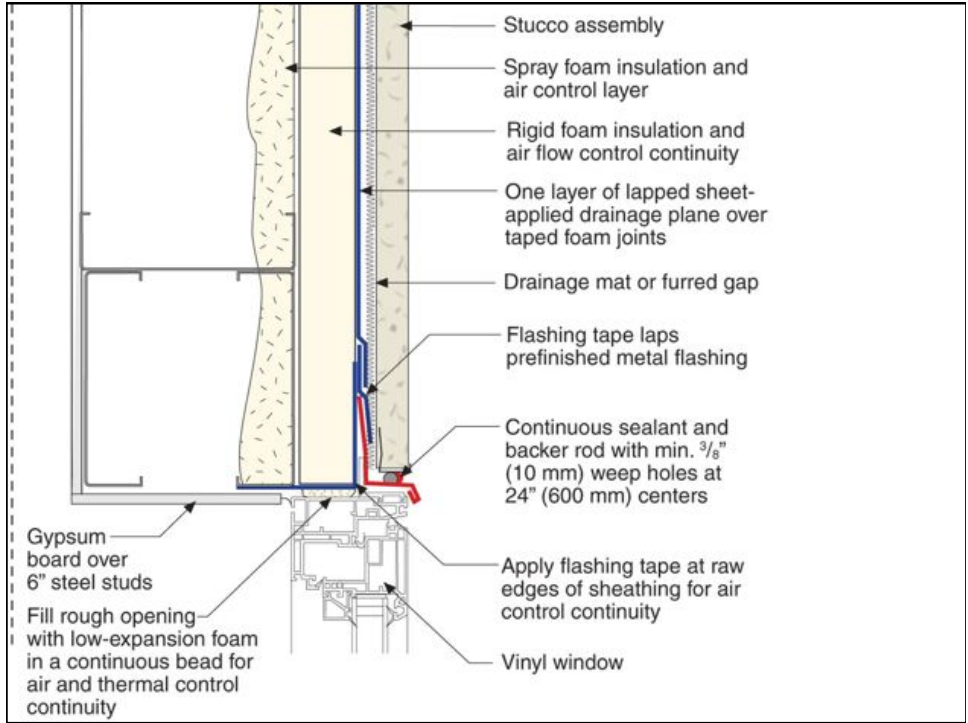


## Metal Panels Furring

- Commercially available
- Only fasteners penetrate insulation



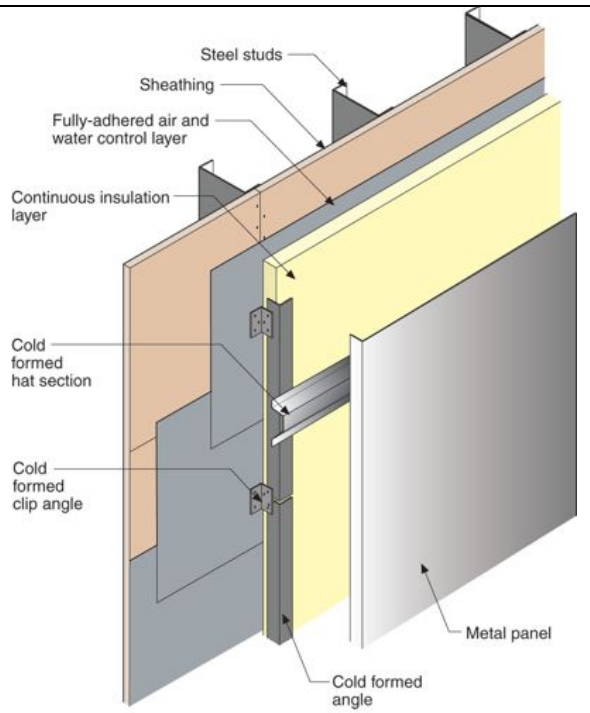


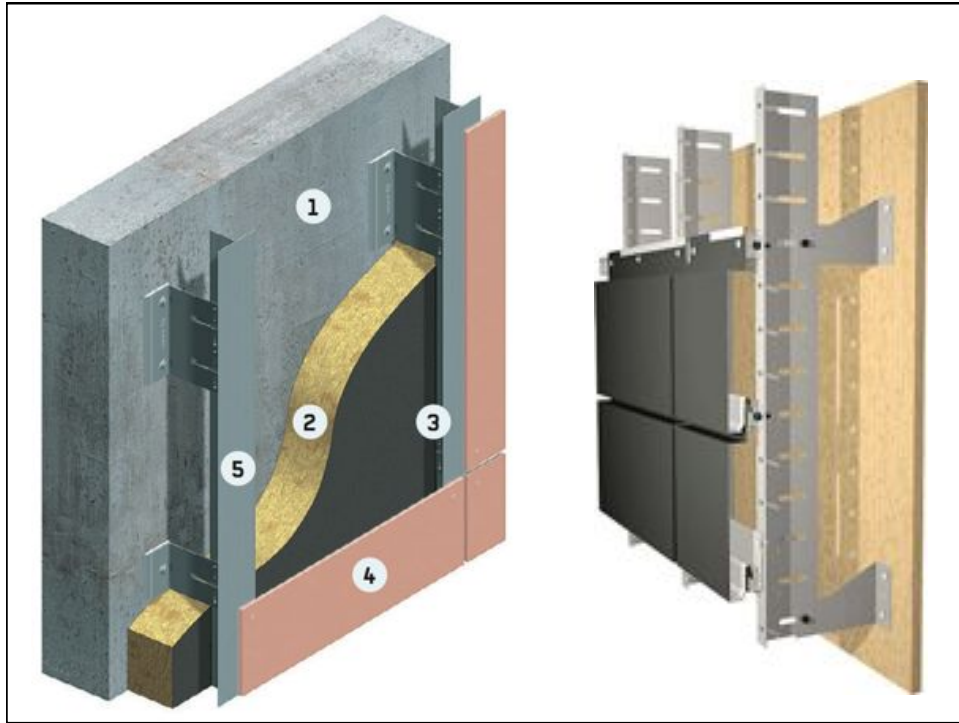


## Metal Clips

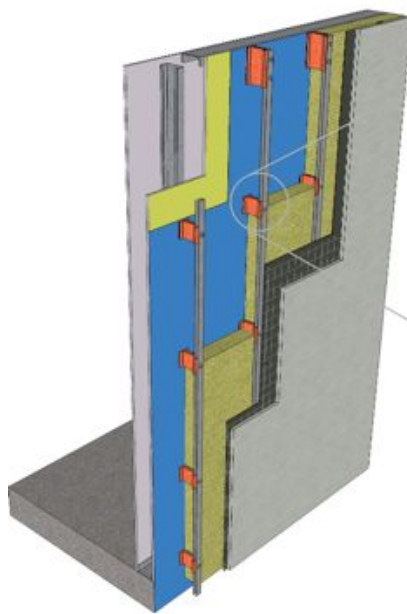
- Use of stainless steel clips and structural sufficient clips reduces R-value impact to about 10-20%

Based on 16 ga by 5" stainless clips at 32" o.c. through R20





**Local Invention**

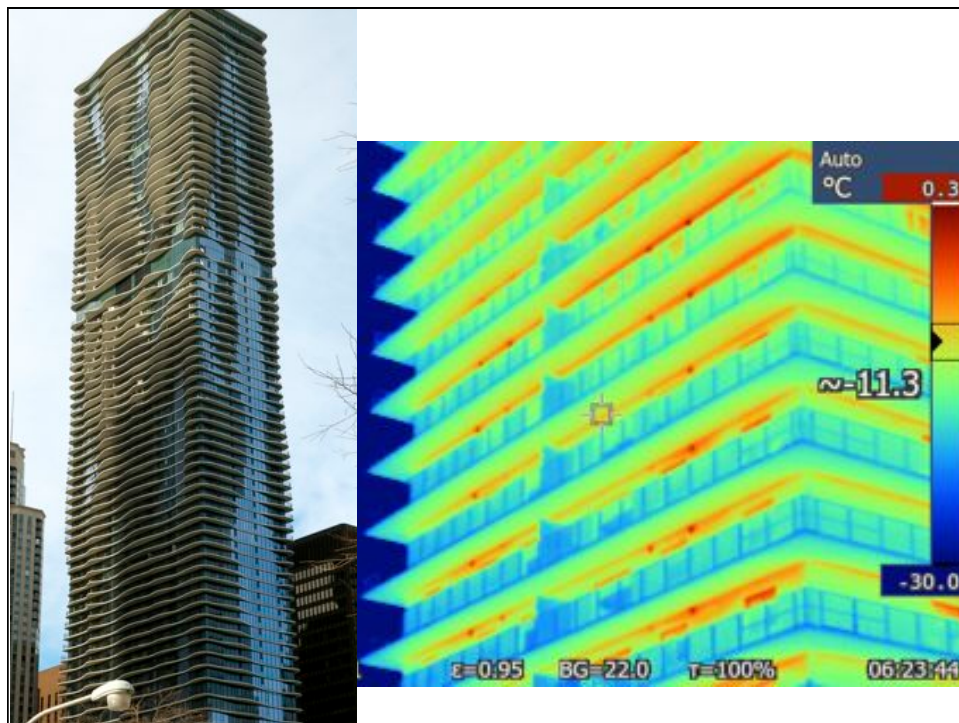
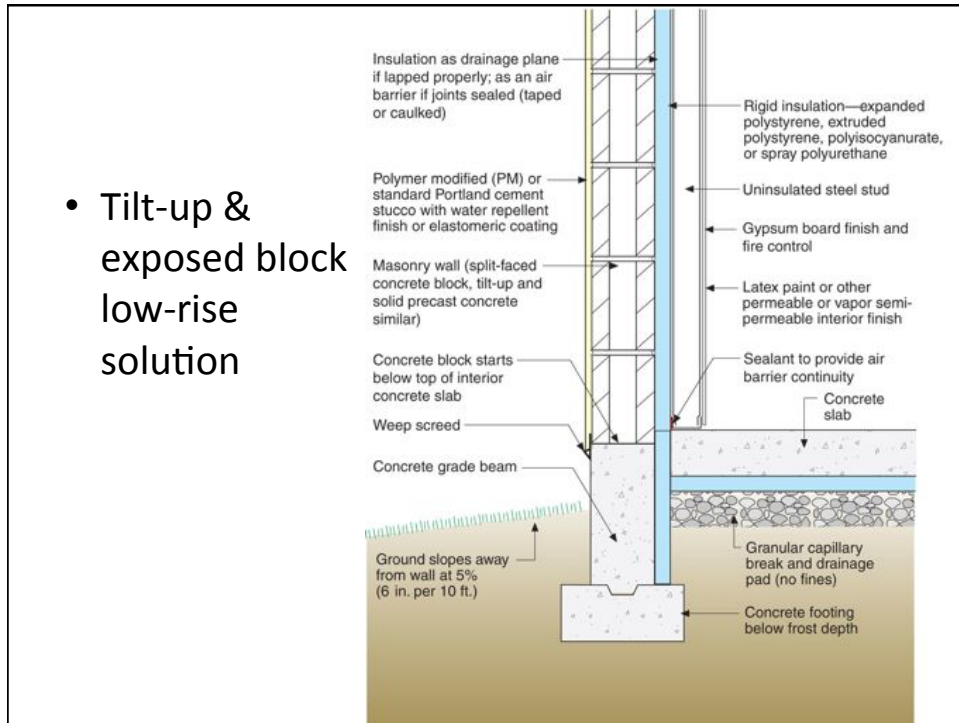


**Fiberglass Thermal Spacer Wall  
with 3.5" of Mineral Wool (R-4.2/in)**

**R-15.8 ft<sup>2</sup>·°F·hr/Btu**

(exceeds the ASHRAE 90.1 minimum prescriptive  
requirement of R-15.6 ft<sup>2</sup>·°F·hr/Btu for steel frame walls)

- Tilt-up & exposed block low-rise solution





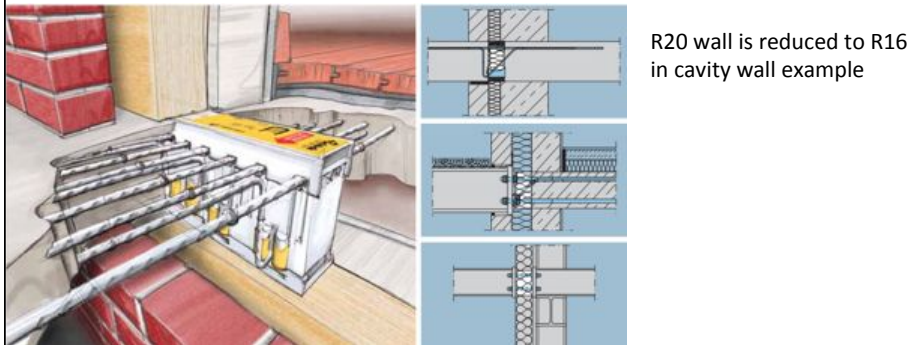
## High-rise ICF

Excellent continuous insulation (True R-15 and more available)  
+ Excellent airtightness  
+ Modest window area  
= low energy

Structural cost premium is near zero

## Specialist Solutions

- Analysis of heat loss is included with expensive products
- “Generic” solutions are usually lower cost, but require analysis of “True R-value”



## Innovation: Nice but not necessary

- Insulation
  - Some new products, e.g. BASF Neopor
  - VIPs *may* become available, but cheap?
  - ICFs (structure, air + thermal + vapor)
  - Spray insulation, (air + water) control
- Fluid applied (air + water + vapor? control)
- Doing what’s right is the innovation needed
- **But**, we *can* get 2x-5x R-value by
  - Continuity (blunt thermal bridges), and
  - adding thickness

## We need to simplify

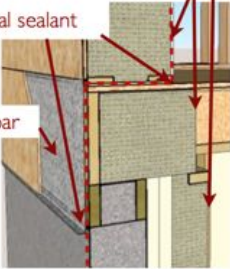
### Air / Vapour Barrier

- - Makes use of common materials
  - Easiest, most opportunistic route

6 mil CGSB poly

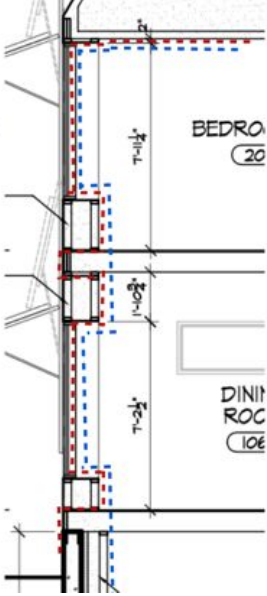
Acoustical sealant

Typar



Air Barrier ————

Vapour Barrier ————



## Need more than technology

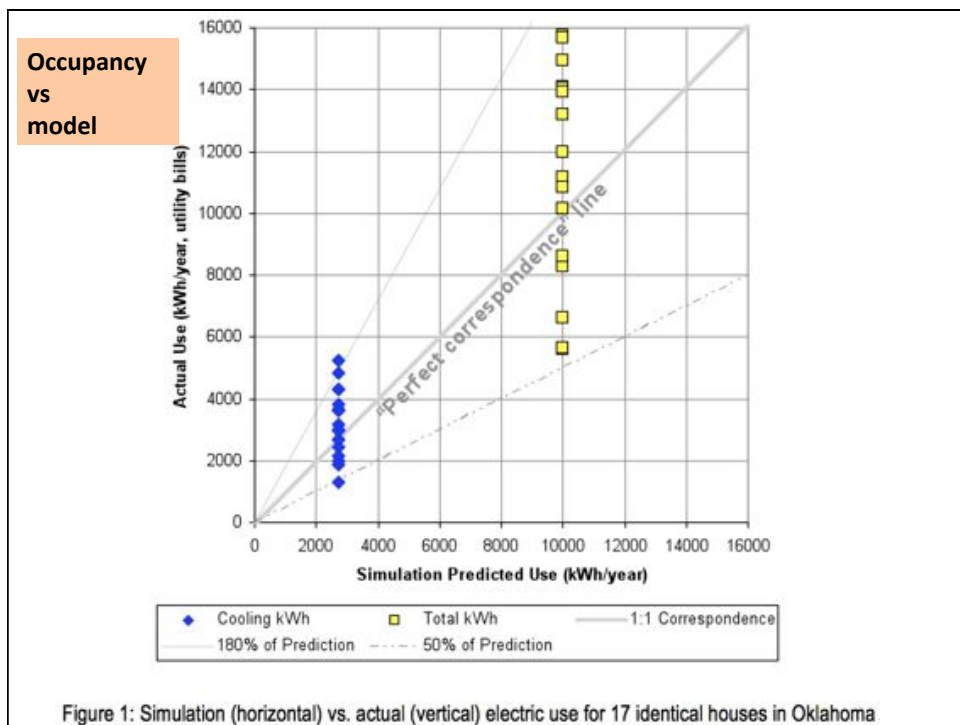
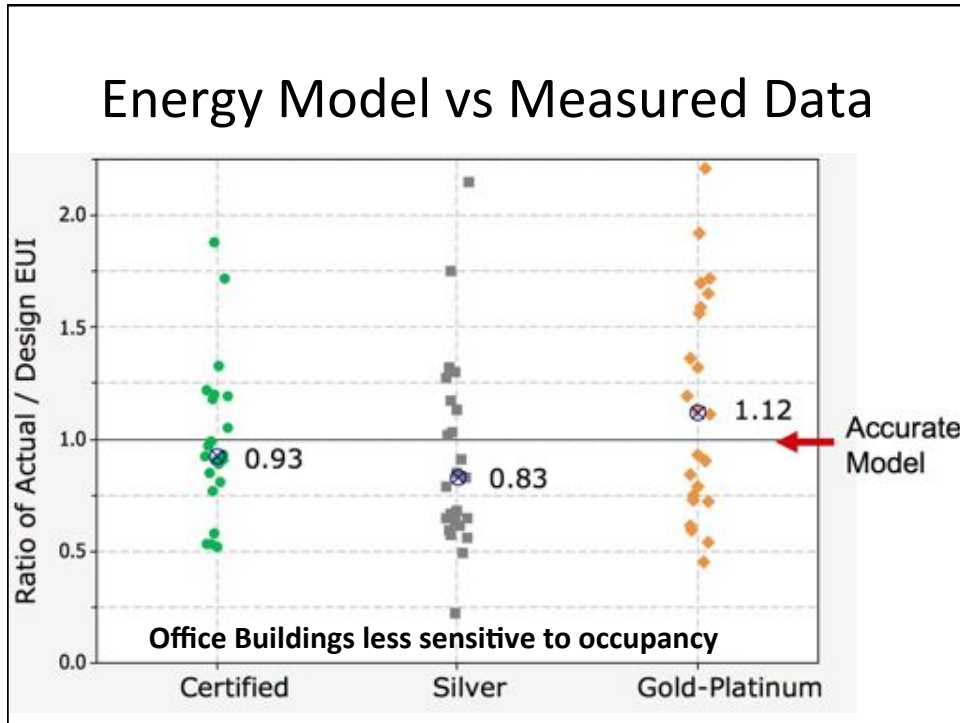
- We need different
  - Values
    - E.g. performance matters, long term thinking
  - Skills
    - E.g. reliable prediction, test performance
  - Knowledge & Understanding
    - Developed by education, training, experience
    - Need research to feed into this process!

## Reality check

- Real performance is what matters
- Sometimes understanding can't keep up
- Real measured performance needed
  - Real buildings
  - Real test walls, windows, roofs, heat pumps
- Need feedback to guide science
- Need feed forward to code
  - E.g. vapour barriers

## Energy Models

- Are critical to guide energy-efficient design
  - Mostly used as compliance tools (LEED)
  - Need more design guidance, esp early stage
- GIGO Garbage in = garbage out
- No control of quality/accuracy
- Need to compare measured results to modeled results!
  - We need to tune our models, public info needed





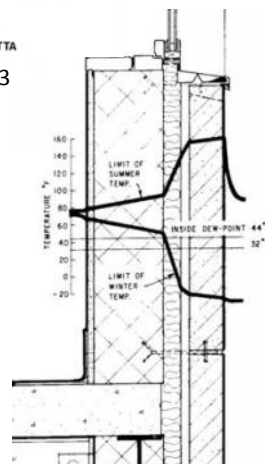
## Conclusions

- We need much better buildings
- But we know most of how to get there
  - Perhaps exterior insulation, rain, water control
- Can't forget Indoor Air Quality, light, view, fire, cost, durability, etc!
- Need to apply good science mixed with good experience ... . building science
- Need to remove obstacles, work on implementation, deployment

## DBR Research in 60's and 70's

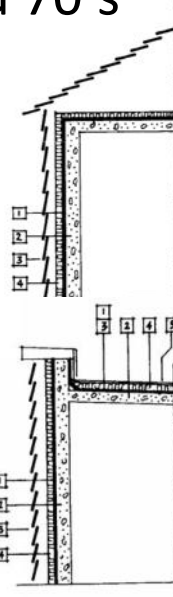
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1. Air barrier
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5. Protection for insulation

